

## Cutting Layout for an English High Neck Smock 1540's – 1600's

5.3 oz linen from fabric-store.com 4 yards

Lucet cords for cuffs and neckline: 6 14" long

Use machine made and bought red-work from hooded-hare  
4: 14" x 4" linen (embroidery is:

[I'll make short ruffs for the collar and cuffs out of plain linen. Make  
make small French knots along the edges.]

Attached a small piece of lace at edges.

2.5" ruff on 1.5" band is too big, ruff falls down (older smock)

Use interface on collar to make ruff stand up nicely

### **Finished** Measurements:

Shoulders 17"

Chest 55:

Arm hole depth 10"

Length 50" (shoulder to calf)

9" neck drop cut

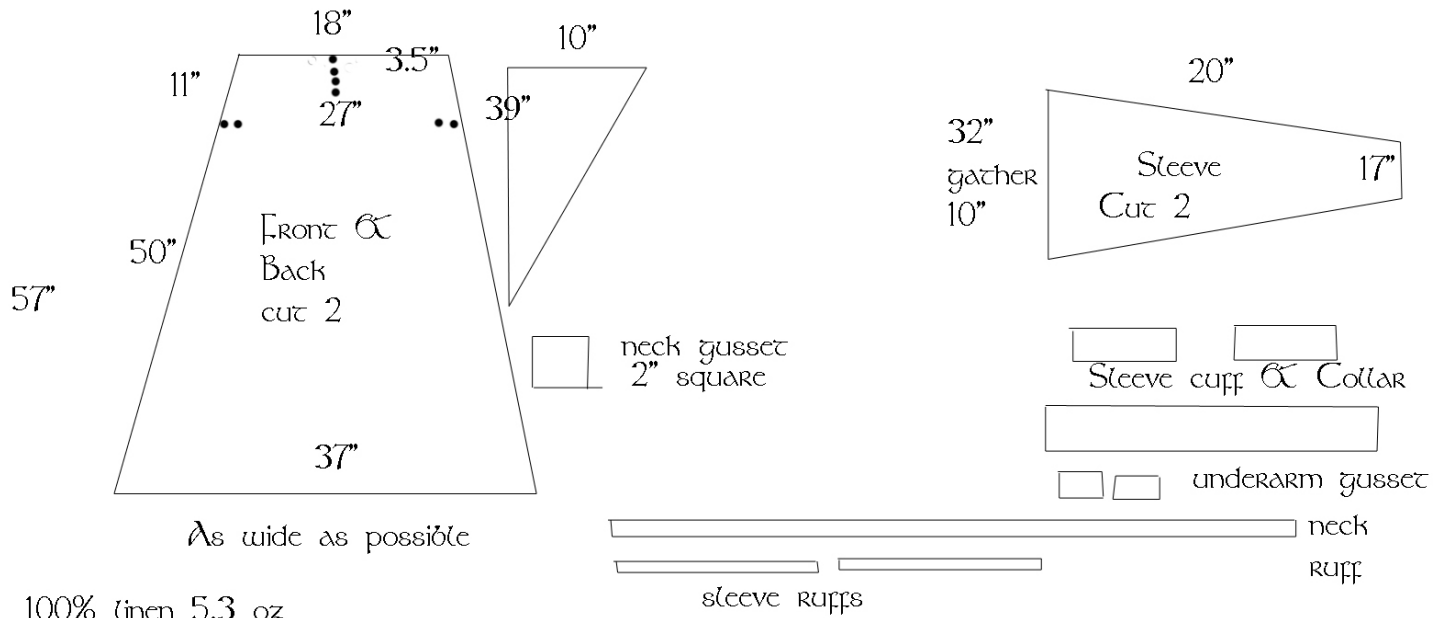
4" square gusset underarm

Sleeve length 23" (20" cut) cuff adds 2"

Wrist 8"

Cut using ½" seam allowance

Except with neck gusset



100% linen 5.3 oz

All Measurements are Cut Sizes

••• = Marks for Sleeve location

•••• Neckline cut 9" down

1. sew shoulder seam
2. stay stitch neck slash
3. sew 1/2 gore to body
4. sew neck gusset
5. gather sleeve
6. sew sleeve to body (be careful to adjust gathers evenly)
7. attach 1/2 underarm gusset to the sleeve side
8. sew the sleeve seam leaving 3" open at cuff edge
9. finish the open cuff edge (roll edge)
10. prepare the cuffs (sandwich the lace between 2 layers of blackwork & plain linen)

11. finish the outer edge with lace, interfacing and blackwork piece and plain linen piece. Attach lucets to the edges of the cuffs.
12. gather the sleeve into the prepared cuffs, matching the edges to the rolled edge of the sleeve.
13. Sew the outer piece (embroidered one) to the sleeve.
14. Press the inside edge, and hand sew down.
15. roll edges of neck slash (attach lace)
16. Prepare the collar piece (sandwich the lace between 2 layers of blackwork & plain linen) add lucet same as in #11
17. attach collar piece (ease in the neck gusset and the neck opening.)
18. Cut hem to desired length. Hem and add lace

You are Done!

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